Pathophysiology





### CHEMICAL MEDIATORS OF INFLAMMATION

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#### Definition

 Any messenger that acts on blood vessels, inflammatory cells, or other cells to contribute to an inflammatory response.



### **CHEMICAL MEDIATORS by EVENT**

Vasodilation

Prostaglandins, Nitric Oxide, Histamine

Increased Vascular Permeability

Vasoactive amines (histamine, serotonin),C3a and C5a, Bradykinin, Leukotrienes, PAF

Chemotaxic Leukocyte Activation

C5a, LTB4, Chemokines (IL-1, IL-8, TNF-alpha), bacterial products (LPS)

## **CHEMICAL MEDIATORS by EVENT**

• Fever

IL-1, IL-6, TNF-alpha, Prostaglandins

• Pain

Prostaglandins, Kinines (Bradykinin, Substance P)

#### Tissue Damage

Neutrophil and Macrophage products Lysosomal enzymes Oxygen metabolites Nitric Oxide

### **VASOACTIVE AMINES**

#### • Histamine

- Histamine mainly from mast cells
- Vasodilation and Increase Vascular Permeability
- Contraction of non-vascular smooth muscle (bronchi)
- Stimulate cells to produce eotaxins(attract eosinophils)

#### **VASOACTIVE AMINES**

Releasing Stimulators

 Direct physical or chemical injury
 Binding of IgE-Ag-complexes
 Fragments of C3a and C5a
 Cytokines (IL-1, IL-8)
 Neuropeptides (subs. P)

## **ARACHIDONIC ACID METABOLITES**

- Physiologic and pathologic processes (inflammation)
- Produced by endothelial cells, leukocytes and platelets
- Act on smooth muscle, endothelium and platelets

> Origin:

- ✓ Arachidonic acid-derived from linoleic acid
- ✓ Esterified in membrane phospholipids
- Must first be released from phospholipids by activated phospholipases

#### Two pathways:

- ✓ Cyclooxygenase (COX)
- ✓ Lipoxygenase





#### **CYCLOOXYGENASE PATHWAY**



#### CYCLOOXYGENASE PATHWAY

- 2 cyclooxygenase enzymes
  - COX-1
  - COX-2
- 3 important products
  - Thromboxane A2
  - Aggregates platelets and causes vasoconstriction
  - Prostacyclin (PGI<sub>2</sub>)
  - Endothelial cells inhibits platelet aggregation and causes vasodilation
  - Prostaglandins PGE<sub>2</sub>, PGF<sub>2</sub> and PGD<sub>2</sub>
  - Variety of actions on vascular tone and permeability

#### LIPOXYGENASE PATHWAY



#### LIPOXYGENASE PATHWAY

- Leukotrienes
- Leukotriene B4 is a potent chemotactic agent
- Leukotrienes C4, D4, E4
  - Potent vasoconstrictors
  - Potent mediators of increased vascular permeability on venules only
  - Up to 1000 times as potent as histamine in producing increased vascular permeability

## LYSOSOMAL CONSTITUENTS:

Granules of neutrophils, macrophages, lymphocytes, eosinophils and mast cells **Purpose** 

- Increase vascular permeability
- –Histamine
- Chemotaxis
- –Histamine
- Degradation of ECM
- -Collagenase, hydrolase, protease (trypsin), elastase
- •Kill infected cells and/or infectious organisms
- –Lactoferrin, lysozyme, myeloperoxidase, major basic protein, granzyme/perforin (T Lymphocytes)
- -Oxygen-independent mechanisms

#### PLATELET ACTIVATING FACTOR

- Produced by platelets, endothelial cells, leukocytes
- Functions:
  - –Platelet aggregation and release
  - -Bronchoconstriction
  - -Vasodilation and vascular permeability
  - -Increase leukocyte adhesion
  - -Leukocyte chemotaxis, oxydative burst

#### CYTOKINES

- Transmitters for cell-to-cell chatting
   Modulate cell function
- Primarily from activated macrophages and lymphocytes
- IL-1, IL-8, TNF

## IL-I and TNF

Master Cytokines"

•Origin

MonocytesMacrophages

Similar in action

• Effects:

–Systemic –Endothelium –Fibroblasts

-Leukocytes



# NITRIC OXIDE (NO)

- Nitric oxide is synthesized from L-arginine by NOS
   Effects:
  - –Smooth muscle relaxation -VASODILATION
  - -Bactericidal
  - -Reduce platelet aggregation and adhesion



#### **OXYGEN-DERIVED FREE RADICALS**

- •Include:
- –hydrogen peroxide (H2O2), superoxide anion
   (O2-) and hydroxyl radicals (OH•)
- Cause endothelial damage –increased vascular permeability
- Inhibite antiproteases –damage to ECM
- Injury to variety of cells



#### PLASMA PROTEASES

- 3 interrelated systems are active within this category
  - 1. Kinin system

» Highly vasoactive

- 2. Complement system
  - Vasoactive
  - Chemotactic
- 3. Clotting system
  - Vasoactive
  - Cleaves C3



### **KININ SYSTEM**

- Activated by Hageman factor (XIIa)
- Bradykinin
  - -Generated from the plasma
  - -Potent vasodilator
  - -Contraction of smooth muscle
  - -Produces pain
  - -Stimulates release of histamine
    - Increased vascular permeability
  - -Activates the arachidonic acid cascade

## **COAGULATION SYSTEM**

Plasma proteins (inactive)

- -Intrinsic pathway -Hageman factor(XII)
- -Extrinsic pathway

Thrombin converts fibrinogen to fibrin

-Fibrinopeptides are formed

# -RESULT: Increase vascular permeability and chemotaxis for leukocytes

Plasmin(mainly lyses fibrin clots):

- –Activates Hageman factor (XII) ⇒bradykinin
- -Cleaves C3 into C3a (active)
- -"fibrin-split products" formed from fibrin breakdown

-RESULT: Increase vascular permeability

## **COMPLEMENT SYSTEM**

- Plasma proteins act against microbial agents
- Products of activated complement
  - Vascular permeability
  - Chemotaxis
  - Opsonization
  - Lysis

### **COMPLEMENT SYSTEM**

- Classical pathway
- Alternate pathway
- Common pathway
- Important inflammatory mediators
  - C3a and C5a (anaphylatoxins)
  - Cause release of histamine from mast cells
  - Lysosomal enzyme release in inflammatory cells
  - C5a
  - Activates lipoxygenase pathway
  - Chemotactic many inflammatory cells
  - Increases adhesion of leukocytes



#### INFLAMMATORY CELLS

- Polymorphonuclear neutrophils
- Eosinophils
- Basophils
- Lymphocytes
- Plasma cells
- Mononuclear-Phagocyte System

#### **POLYMORPHONUCLEAR NEUTROPHILS**

- ➢ Granulocytes
- ➤ Granules contain:
  - Proteases,
  - Myeloperoxidase,
  - Lysozyme, Esterase,
  - Aryl sulfate,
  - Cationic proteins,
  - Acid and Alkaline phospatase

#### **Function**:

- Initial phagocytosis
- Engulfment

### EOSINOPHILS

- Larger than Neutrophils,
- Similar in function and Structure
- ➤ Granules
  - Richer in Myeloperoxidase
  - Lack in lysozyme
- Give Inflammatory response in following condition
  - Allergic condition
  - Parasitic infestations
  - Skin diseases

#### BASOPHILS

- Morphological and Pharmacological similar to Mast cell
- Coarse granules
- Receptors for IgE
- Degranulated when crosslinked with antigen
- ≻ Role:
  - Immediate and delayed type of hypersensitivity reaction
  - Release of Histamine

#### LYMPHOCYTES

Present in Blood, Spleen, Thymus, lymph nodes

- ➢ Give following type of inflammatory reaction
  - In tissue, they are dominant cells in chronic inflammation and late stage of acute inflammation
  - In Blood, there number increased in chronic infections like Tuberculosis

#### **PLASMA CELLS**

- Larger than Lymphocytes with more abundant cytoplasm
- $\geq$  Rich in RNA and  $\gamma$ -globulin in their cytoplasm
- There number increased in following conditions
  - Prolonged infection with immunological response
  - Hypersensitivity states
  - Multiple myeloma

#### **CHRONIC INFLAMMATION**

Defined as a prolonged process in which tissue destruction and inflammation occur at the same time.

### **CHRONIC INFLAMMATION**

- Caused by 3 ways:
- 1. Chronic inflammation following acute inflammation
- 2. Recurrent attack of acute inflammation
- 3. Chronic inflammation starting:

when the infection with organisms of low pathogenicity is chronic from the beginning. E.g. Tuberculosis

#### **TYPE OF CHRONIC INFLAMMATION**

- Divided into 2 types
- Non-specific: When the irritant substance produces a non-specific chronic inflammatory reaction with formation of granulation tissue and healing by fibrosis. e.g. Chronic ulcer
- 2. **Specific**: When the injurious agent causes a characteristic histologic tissue response e.g. tuberculosis, Leprosy

#### **GRANULOMATOUS INFLAMMATION**

- Granuloma defined as a circumscribed, tiny lesion, about 1 mm in diameter, composed predominantly of collection of modified macrophages called epithelioid cells and rimmed at the periphery by lymphoid cells.
- Epithelioid cells called because of their epithelial cell-like appearance, are modified macrophages, having pale staining abundant cytoplasm, vesicular and lightly staining slipershaped nucleus, weakly phagocytic.

- Giant cells:
  - Formed by fusion of adjacent epithelioid cells and have 20 or more nuclei.
  - Weakly Phagocytic but produce secretory products which help in removing the invading agents.
- Necrosis:
  - May be feature of some Granulomatous conditions
- Fibrosis:
  - Due to proliferation of fibroblasts at the periphery of granuloma.

