INFLAMMATION

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Introduction

- Inflammation is defined as the local response of living mammalian tissues to injury due to any agent.
- Body defense reaction eliminate or limit the spread of injurious agent



Cause of Inflammation

- 1. Infective agents like bacteria, viruses and their toxins, fungi, parasites.
- 2. Immunological agents like cell-mediated and antigen antibody reactions.
- 3. *Physical agents* like heat, cold, radiation, mechanical trauma.
- 4. Chemical agents like organic and inorganic poisons.
- 5. Inert materials such as foreign bodies

How Inflammation distinct from Infection ??

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Inflammation

- Protective response by the body to variety of etiologic agents, while infection is invasion into the body by harmful microbes and their resultant ill-effects by toxins
- 2 basic processes with some overlapping
 - early inflammatory response
 - later followed by healing
- Sometimes it causes considerable harm to the body as well
 - anaphylaxis to bites by insects or reptiles, drugs, toxins,
 - atherosclerosis,
 - chronic rheumatoid arthritis,
 - fibrous bands
 - Adhesions in intestinal obstruction

SIGNS OF INFLAMMATION

- 4 cardinal signs (Celsus)
 - rubor (redness);
 - tumor (swelling);
 - calor (heat);
 - dolor (pain)
- 5th sign functio laesa (loss of function) -Virchow



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TYPES OF INFLAMMATION

- Mainly of 2 types i.e. acute and chronic
- Acute Inflammation
 - short duration
 - represents the early body reaction- followed by healing
- Chronic inflammation
 - longer duration
 - causative agent of acute inflammation persists for a long time
- Another variant, Chronic active inflammation : stimulus is such that it induces chronic inflammation from the beginning

Components of Acute and Chronic Inflammatory responses



ACUTE INFLAMMATION

- The main features of acute inflammation are:
 - accumulation of fluid and plasma at the affected site;
 - intravascular activation of platelets;
 - polymorphonuclear neutrophils as inflammatory cells.



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ACUTE INFLAMMATION

- Divided into following two events
 - Vascular events
 - Cellular events
- This 2 events are followed intermittently by release of mediators of acute inflammation.



- Alteration in the microvasculature
- This is again divide in 2 phases
 - Hemodynamic changes
 - Changes in the vascular permeablity

Hemodynamic changes

- 1. <u>Transient vasoconstriction :</u> immediate vascular response irrespective of the type of injury, mainly arterioles
 - Mild injury 3-5 seconds
 - Severe injury 5 minutes
- 2. Persistent progressive vasodilatation : mainly arterioles, others to alesser extent.
 - obvious within half an hour of injury
 - increased blood volume in microvascular bed of the area
 - redness and warmth



Hemodynamic changes

- 3. <u>Progressive vasodilatation</u> elevate the local hydrostatic pressure
 - transudation of fluid into the extracellular space
 - swelling
- 4. <u>Slowing or stasis</u> increased concentration of red cells, and thus, raised blood viscosity



Hemodynamic changes

- 5. <u>Leucocytic Margination</u> peripheral orientation of leucocytes (mainly neutrophils) along the vascular endothelium
 - stick to the vascular endotheliumbriefly
 - move and migrate through the gaps between the endothelial cells extravascular space
 - This is known is *emigration*

Altered Vascular Permeability

- Accumulation of oedema fluid interstitial compartment which comes from blood plasmaby its escape through the endothelial wall of peripheral vascular bed.
- Escape of fluid is due to vasodilatation and consequent elevation in hydrostatic pressuretransudate.
- Subsequently, the characteristic inflammatory oedema, appears by increased vascular permeability of microcirculation exudate.



Any one fluid that is both exudate and transudate in Oral Cavity ?

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MECHANISMS OF INCREASED VASCULAR PERMEABILITY

- 1. Contraction of endothelial cells.
- 2. Retraction of endothelial cells
- 3. Direct injury to endothelial cells
- 4. Endothelial injury mediated by leucocytes
- 5. Leakiness and neo-vascularisation



MECHANISMS OF INCREASED VASCULAR PERMEABILITY

Leukocyte-dependent injury

- Mostly venules
- Pulmonary capillaries
- Late response
- · Long-lived (hours)



Increased transcytosis

- Venules
- Vascular endothelium-derived growth factor



New blood vessel formation

- · Sites of angiogenesis
- Persists until intercellular junctions form

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- Arterioles, capillaries, and venules
- · Toxins, burns, chemicals
- Fast and may be long-lived (hours to days)







Gaps due to endothelial contraction

- Venules
- Vasoactive mediators (histamine, leukotrienes, etc.)
- Most common
- · Fast and short-lived (minutes)

Contraction of endothelial cells

- Affects venules exclusively.
- Endothelial cells develop temporary gaps
- Contraction resulting in vascular leakiness.
- Mediated by the release of histamine, bradykinin and other chemical mediators.
- Short duration (15-30 minutes) immediately after injury.



Endothelial contraction

Retraction of endothelial cells

- Structural re-organisation of the cytoskeleton of endothelial cells - Reversible retraction at the intercellular junctions.
- Mediated by cytokines such as interleukin-1 (IL-1) and tumour necrosis factor (TNF)-α.



Direct injury to endothelial cells

- Causes cell necrosis and appearance of physical gaps.
- Process of thrombosis is initiated at the site of damaged endothelial cells.
- Affects all levels of microvasculature.
- Either appear **immediately** after injury and last for several hours or days severe bacterial infections
- Or delay of 2-12 hours and last for hours or days - moderate thermal injury and radiation injury



Endothelial necrosis

Endothelial injury mediated by leucocytes

- Adherence of leucocytes to the endothelium at the site of inflammation.
- Activation of leucocytes release proteolytic enzymes and toxic oxygen.
- Cause endothelial injury and increased vascular leakiness.
- Affects mostly venules and is a late response.

Leakiness and neovascularisation

- Newly formed capillaries under the influence of vascular endothelial growth factor(VEGF).
- Process of repair and in tumours are excessively leaky

CELLULAR EVENTS

Cellular phase of inflammation consists of 2
processes
1. Exudation of leucocytes
2. Phagocytosis.

Exudation of leucocytes

- 1. Changes in the formed elements of blood.
- 2. Rolling and adhesion
- 3. Emigration
- 4. Chemotaxis



CHANGES IN THE FORMED ELEMENTS OF BLOOD

- Central stream of cells comprised by leucocytes and RBCsand peripheral cell free layer of plasma close to vessel wall.
- Later, central stream of cells widens and peripheral plasma zone becomes narrower because of loss of plasma by exudation.
- This phenomenon is known as margination.
- Neutrophils of the central column come close to the vessel wall - *pavementing*



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ROLLING AND ADHESION

- Peripherally marginated and pavemented neutrophils slowly roll over the endothelial cells lining the vessel wall (*rolling phase*).
- Transient bond between the leucocytes and endothelial cells becoming firmer (*adhesion phase*).
- The following molecules bring about rolling and adhesion phases
 - Selectins
 - Integrins
 - Immunoglobulin gene superfamily adhesion molecule

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EMIGRATION

- After sticking of neutrophils to endothelium,
- The former move along the endothelial surface till a suitable site between the endothelial cells is found where the neutrophils throw out cytoplasmic pseudopods.
- Cross the basement membrane by damaging it locally – collagenases and escape out into the extravascular space emigration



EMIGRATION

- **Diapedesis** escape of red cells through gaps between the endothelial cells
 - passive phenomenon.
 - raised hydrostatic pressure
 - haemorrhagic appearance to the inflammatory exudate

CHEMOTAXIS

- After extravasating from the blood, Leukocytes migrate toward sites of infection or injury along a chemical gradient by a process called *chemotaxis*
- They have to cross several barriers endothelium, basement membrane, perivascular myofibroblasts and matrix.
- Potent chemotactic substances or chemokines for neutophils.
 - Leukotriene B4 (LT-B4) arachidonic acid metabolites.
 - Components of complement system C5a and C3a in particular.
 - Cytokines
 - Interleukins, in particular IL-8

Events of Exudation of leucocytes



PHAGOCYTOSIS

- The process of engulfment of solid particulate material by the cells.
- 2 main types of phagocytic cells
 - Polymorphonuclear neutrophils (PMNs) : early in acute inflammatory response, also known as microphages
 - Macrophages : Circulating monocytes and fixed tissue mononuclear phagocytes
- This phagocytic cells releases proteolytic enzymes
 lysozyme, protease, collagenase, elastase,
 lipase, proteinase, gelatinase and acid hydrolases

- The microbe undergoes the process of phagocytosis in following 3 steps:
 - Recognition and attachment
 - Engulfment
 - Killing and degradation



RECOGNITION AND ATTACHMENT

- Phagocytosis is initiated by the expression of surface receptors on macrophages.
- Its further enhanced when the microorganisms are coated with specific proteins, opsonins.
 - Establish a bond between bacteria and the cell membrane of phagocytic cell.
 - Major opsonins are
 - IgG opsonin.
 - C3b opsonin
 - Lectins


Engulfment

- Formation of cytoplasmic pseudopods around the particle due to activation of actin filaments around cell wall.
- Eventually plasma membrane gets lysed and fuses with nearby lysosomes phagolysosome.



KILLING AND DEGRADATION

- Killing of MCO take place by Antibacterial substances further degraded by hydrolytic enzymes
- Sometimes this process fails to kill and degrade some bacteria like tubercle bacilli.



Disposal of microorganisms

Intracellular mechanisms

- Oxidative bactericidal mechanism by oxygen free radicals
 - MPO-dependent
 - MPO-independent
- Oxidative bactericidal mechanism by lysosomal granules
- Non-oxidative bactericidal mechanism
- Extracellular mechanisms
 - Granules
 - Immune mechanisms

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INTRACELLULAR MECHANISMS

- Kill microbes by oxidative mechanism and less often non-oxidative pathways
- Oxidative bactericidal mechanism by oxygen free radicals.
 - production of reactive oxygen metabolites (O'₂ H₂O₂, OH', HOCI, HOI, HOBr)
 - activated phagocytic leucocytes requires the essential presence of NADPHoxidase
 - present in the cell membrane of phagosome reduces oxygen to superoxide ion (O'₂)



- Superoxide is subsequently converted into H_2O_2 .
- Bactericidal activity is carried out eithervia enzyme myeloperoxidase (MPO) or MPO independent.

MPO dependent killings

MPO acts on H₂O₂ in the presence of halides - form hypohalous acid (HOCI, HOI, HOBr)

• MPO independent killings

- Mature macrophages lack the enzyme MPO.
- bactericidal activity by producing OH- ions and superoxide singlet oxygen (O')
- H_2O_2 in the presence of O'_2 (Haber-Weiss reaction) or in the presence of Fe++ (Fenton reaction)

Oxidative bactericidal mechanism by lysosomal granules

- preformed granule-stored products of neutrophilsand macrophages.
- secreted into the phagosome and the extracellular environment.

Non-oxidative bactericidal mechanism

- Some agents released from the granules of phagocytic cells do not require oxygen for bactericidal activity
 - **Granules :** cause lysis of within phagosome, ex: lysosomal hydrolases, permeability increasing factors, cationic proteins (defensins), lipases, ptoteases, DNAases.
 - Nitric oxide: reactive free radicals similar to oxygen free radicals
 - potent mechanism of microbial killing
 - produced by endothelial cells as well as by activated macrophages

EXTRACELLULAR MECHANISMS

- Granules
 - Degranulation of macrophages and neutrophils

Immune mechanisms

- immune-mediated lysis of microbes
- takes place outside the cells
- by mechanisms of cytolysis, antibody-mediated lysis and by cell-mediated cytotoxicity

Stages of Phagocytosis



3. KILLING AND DEGRADATION

Outcomes of acute inflammation

- 1. resolution restoration to normal, limited injury
 - chemical substances neutralization
 - normalization of vasc.permeability
 - apoptosis of inflammatory cells
 - lymphatic drainage
- 2. healing by scar
 - tissue destruction
 - fibrinous inflammtion
 - purulent infl. \rightarrow abscess formation (pus, pyogenic membrane, resorption pseudoxanthoma cells weeks to months)
- 3. progression into chronic inflammation



Clinical Examples of Leukocyte-Induced Injury: Inflammatory Disorders

Disorders	Cells and Molecules Involved in Injury
Acute	
Acute respiratory distress syndrome	Neutrophils
Acute transplant rejection	Lymphocytes; antibodies and complement
Asthma	Eosinophils; IgE antibodies
Glomerulonephritis	Antibodies and complement; neutrophils, monocytes
Septic shock	Cytokines
Vasculitis	Antibodies and complement; neutrophils
Chronic	
Arthritis	Lymphocytes, macrophages; antibodies
Asthma	Eosinophils, other leukocytes; IgE antibodies
Atherosclerosis	Macrophages; lymphocytes?
Chronic transplant rejection	Lymphocytes; cytokines
Pulmonary fibrosis	Macrophages; fibroblasts

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Chemical Mediators of Inflammation

Chemical Mediators of Inflammation

- Chemical mediators that are responsible for vascular and cellular events.
- Knowledge of this mediators

 basis of anti-inflammatory drugs.
- It may either of two types,
 - Cell Derived produced locally by cells at the site of inflammation
 - Plasma derived mainly from liver
- Some mediators are derived from Necrotic cells



Chemical Mediators of Inflammation



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- Induce their effects by binding to specific receptors on target cells - it may be one or a very few targets, or multiple
- Some may have direct enzymatic and/or toxic activities. Ex: lysosomal proteases
- Some may stimulate target cells to release secondary effector molecules
- Control the response and tightly regulated
 - amplify a particular response
 - opposing effects
- Once activated and released from the cell, mediators either
 - quickly decay. Ex: arachidonic acid metabolites
 - inactivated by enzymes ex: kininase inactivates bradykinin
 - eliminated Ex: antioxidants scavenge toxic oxygen metabolites
 - Inhibited. Complement-inhibitory proteins

Cell-derived mediators

- Sequestered in intracellular granules
 - Rapidly secreted upon cellular activation. Ex: histamine in mast cells
 - synthesized from beginning in response to a stimulus. Ex: Prostaglandins and cytokines
- Tissue macrophages, mast cells, and endothelial cells capable of producing different mediators.
- Various cell derived mediators
 - 1. Vasoactive amines
 - 2. Arachidonic acid metabolites
 - 3. Lysosomal component
 - 4. Platelet activating factors (PAF)
 - 5. Cytokines
 - 6. Reactive Oxygen Species (ROS) and nitrogen oxide (NO)
 - 7. Neuropeptides

Vasoactive Amines

- Stored as preformed molecules in mast cells or early inflammatory cells.
- Histamine
 - many cell types, particularly mast cells adjacent to vessels, circulating basophils and platelets
 - variety of stimuli
 - physical injury
 - immune reactions involving binding of IgE antibodies to Fcreceptors on mast cells
 - C3a and C5a fragments of complement anaphylatoxins
 - Leukocyte-derived histamine-releasing proteins
 - Neuropeptides e.g., substance P
 - Certain cytokines e.g., IL-1 and IL-8
 - arteriolar dilation & increased vascular permeability : endothelial contraction and interendothelial gaps
 - itching and pain
 - inactivated by histaminates ebook.com/trigendasses

Serotonin

- 5-hydroxytryptamine
- preformed vasoactive mediator effects similar to those of histamine but lesspotent
- Released from platelet dense body granules during platelet aggregation

ARACHIDONIC ACID (AA) METABOLITES

- Also known as eicosanoids.
- Variety of biologic processes, including inflammation and hemostasis virtually every step of inflammation.
- short-range hormones that act locally at the site of generation and then decay spontaneously or are enzymatically destroyed
- Derived from : Leukocytes, mast cells, endothelial cells, and platelets
- Dietary linoleic acid

- Component of cell membrane phospholipids.
- AA is released from these phospholipids via cellular phospholipases
 - that have been activated by mechanical, chemical, or physical stimuli, or by inflammatory mediators such as C5a.
- Metabolism proceeds along either of this two major enzymatic pathways
 - Cyclooxygenase: prostaglandins and thromboxanes -AUTOCOIDS
 - Lipoxygenase: leukotrienes and lipoxins

Cyclooxygenase Pathway

- Cyclooxygenase a fatty acid enzyme present as COX-1 and COX-2,
- Metabolizes AA to following derivative
 - Prostaglandins (PGD2, PGE2and PGF2-α)
 - Thromboxane A2 (TXA2)
 - Prostacyclin (PGI2)
 - Resolvins
- Major anti-inflammatory drugs act by inhibiting activity of the enzyme COX – NSAIDs & COX-2 inhibitors



Lipoxygenase Pathway

- Lipo-oxygenase predominant enzyme in neutrophils.
- Acts on activated AAto form hydroperoxy eicosatetraenoic acid (5-HPETE).
- Further peroxidation forms following metabolites
 - 5-HETE (hydroxy compound) intermediate
 - Leukotrienes (LT)
 - Lipoxins (LX)

Lipoxygenase Pathway





LYSOSOMAL COMPONENTS

- Inflammatory cells like neutrophils and monocytes lysosomal granules. Its of 2 types:
- Granules of neutrophils
 - Primary or azurophil: myeloperoxidase, acid hydrolases, acid phosphatase, lysozyme, defensin (cationic protein), phospholipase, cathepsin G, elastase, and protease
 - Secondary or specific: alkaline phosphatase, lactoferrin, gelatinase, collagenase, lysozyme, vitamin-B12 binding proteins, plasminogen activator
 - Tertiary: gelatinase and acid hydrolases
- Granules of monocytes and tissue macrophages
 - acid proteases, collagenase, elastase and plasminogen activator
 - more active in chronic inflammation

PLATELET ACTIVATING FACTOR (PAF)

- **Phospholipid** (membrane) -derived mediator with a broad spectrum of inflammatory effects.
- Membrane of neutrophils, monocytes, basophils, endothelial cells, and platelets (and othercells) by the action of phospholipaseA₂.
- Functions of PAF
 - Stimulating platelets,
 - vasoconstriction and bronchoconstriction
 - inducing vasodilation and increased vascular permeability
 - low conc. 100-1000 times potent than HISTAMINE
 - enhanced leukocyte adhesion, chemotaxis, leukocyte degranulation, and the oxidative burst
 - stimulates the synthesis of other mediators, particularly eicosanoids

CYTOKINES

- polypeptide substances produced by activated lymphocytes (lymphokines) and activated monocytes (monokines).
- Major cytokines in acute inflammation
 - TNF and IL-1,
 - Chemokines a group of chemoattractant cytokines
- Chronic inflammation : interferon-γ (IFN-γ) and IL-12

Tumor Necrosis Factor and Interleukin-1

- Produced by activated macrophages, as well as mast cells, endothelial cells, and some other cell types
- Stimulated by microbial products, such as bacterial endotoxin, immune complexes, and products of T lymphocytes
- Principal role in inflammation endothelial activation
 - expression of adhesion molecules on endothelial cellsincreased leukocyte binding and recruitment,
 - enhance the production of additional cytokines (notably chemokines) and eicosanoids

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- TNF increases thrombogenicity of endothelium and causes aggregation and activation of neutrophils
- IL-1 fibroblasts, resulting in increased proliferation and production of extracellular matrix
- May enter the circulation systemicacute-phase reaction
 - Fever & lethargy
 - hepatic synthesis of various acute-phase proteins,
 - metabolic wasting (cachexia),
 - neutrophil release into the circulation,
 - release of adrenocorticotropic hormone (inducing corticosteroid synthesis and release).



Chemokine

- act primarily as chemoattractants for different subsets of leukocytes
- Also activate leukocytes
- Chemokines are classified into four groupsout of which 2 are the major group
 - CXCchemokines: IL-8
 - CCchemokines : MCP-1

Reactive Oxygen Species

- synthesized via the NADPH oxidase from neutrophils and macrophages
- by microbes, immune complexes, cytokines, and a variety of other inflammatory stimuli
- Within lysosomes destroy phagocytosed microbes and necrotic cells
- low levels
 - increase chemokine, cytokine, and adhesion molecule expression
 - amplifying the cascade of inflammatory mediators

- High levels tissue injury by several mechanisms
 - 1. endothelial damage, with thrombosis and increased permeability;
 - 2. protease activation and antiprotease inactivation, with a net increase in breakdown of the ECM;
 - 3. direct injury to other cell types
- Various antioxidant protective mechanisms against this ROS
 - catalase, superoxide dismutase, and glutathione

Nitric Oxide

- short-lived, soluble, free-radical gas
- formed by activated macrophages during the oxidation of arginine by the action of enzyme, NO synthase (NOS).
- Three isoforms of NOS
 - Type I (nNOS) neuronal, no role in i/m
 - Type II (iNOS) induced by chemical mediators, macrophages and endothelial cells
 - Type III (eNOS) primarily (but not exclusively) within endothelium

- NO plays many roles in inflammation including
 - relaxation of vascular smooth muscle (vasodilation),
 - antagonism of all stages of platelet activation (adhesion, aggregation, and degranulation)
 - reduction of leukocyte recruitment at inflammatory sites
 - action as a microbicidal (cytotoxic) agent (with or without superoxide radicals) in activated macrophages.


Neuropeptides

- initiate inflammatory responses
- small proteins, such as substance P
- transmit pain signals, regulate vessel tone, and modulate vascular permeability
- prominent in the lung and gastrointestinal tract

Plasma-protein-derived mediators

- Circulating proteins of three interrelated systemsthe complement, kinin, clotting and fibrinolytic systems
- **Inactive precursors** that are activated at the site of inflammation action of enzyme.
- Each of these systems has its inhibitors and accelerators in plasma negative and positive feedback mechanisms respectively.
- Hageman factor (factor XII) of clotting system a key role in interactions of the four systems.

Hageman factor (factor XII)

- protein synthesized by the liver.
- initiates four systems involved in the inflammatory response
 - Kinin system vasoactive kinins;
 - Clotting system inducing the activation of <u>thrombin</u>, fibrinopeptides, and factor X,
 - Fibrinolytic system plasmin and inactivating thrombin;
 - Complement system anaphylatoxins C3a and C5a
- Gets activated collagen, basement membrane, or activated platelets.



Clotting system

- factor XIIa-driven proteolytic cascade leads to activation of thrombin.
- Functions of thrombin
 - cleaves circulating soluble fibrinogen to generate an insoluble fibrin clot
 - *Fibrinopeptides* increase vascular permeability & chemotactic for leukocytes.
 - In i/m, Binding of thrombin to the receptors on endothelial cells - activation and enhanced leukocyte adhesion



Fibrinolytic System

- Hageman factor induces clotting system and fibrinolytic system concurrently – control over the 2 system
- Limit clotting by cleaving fibrin solubilizing the fibrin clot.
- In absence of this even minor injury could lead to coagulation of entire vasculature.
- Plasminogen activator released from endothelium, leukocytes, and other tissues) and kallikrein from kinin system
 - Cleave plasminogen, a plasma protein further forms
 PLASMIN

Fibrinolytic System : Plasmin

- Multifunctional protease that cleaves fibrin.
- Cleaves the C3 complement protein production of C3a
- Activate Hageman factor amplify the entire set of responses



Kinin System

- Haegman Factor activates Prekallikrein activator acts on plasma prekallikrein to give kallikrein.
- Kallikrein acts on kininogen (HMW) to give Bradykinin.
- Bradykinin are short-lived rapidly degraded by kininases present in plasma and tissues



Kinin System : Bradykinin

- Slow contraction of smooth muscle
- Bradykinin acts in the early stage of i/m :
 - vasodilatation;
 - increased vascular permeability
 - pain

Complement System

- Important role in host defense (immunity) and inflammation
- Consists of plasma proteins (C1 C9) activated at the sites of i/m
- Contribute to the inflammatory response by increasing vascular permeability and leukocyte chemotaxis.
- The activation of complement tightly controlled by cell-associated and circulating *regulatory proteins*
- Inappropriate or excessive complement activation (e.g., in antibody-mediated diseases) - serious tissue injury in a variety of immunologic disorders

• The critical step in the activation of biologically active complement products is the activation of the third component, C3–C3a.

• This occurs in 3 steps :

- 1. Classical Pathway : antigen-antibody complexes
- 2. Alternative pathway : triggered by bacterial polysaccharides microbial cell-wall components
- 3. Lectin pathway : plasma lectin binds to mannose residues on microbes activates early component of the classical pathway
- As C3 activated further activation of other complement proteins takes place i.e C1–C9

- The actions of activated complement system in inflammation are as under:
 - C3a, C5a, C4a (anaphylatoxins) activate mast cells and basophils to release of histamine
 - C3b an opsonin.
 - C5a chemotactic for leucocytes.
 - Membrane attack complex (MAC) (C5b-C9) alipid dissolving agent and causes holes in the phospholipid membrane of the cell

Complement System





Vasodilation	Prostaglandins
	Nitric oxide ^R
	Histamine
Increased vascular permeability	Histamine and serotonin C3a and C5a (by liberating vasoactive amines from mast cells, other cells) Bradykinin Leukotrienes C ₄ , D ₄ , E ₄ PAF Substance P
Leukocyte recruitment and activation	TNF, IL-1 Chemokines C3a, C5a Leukotriene B ₄
	(Bacterial products, e.g., N-formyl methyl peptides)
Fever	IL-1, TNF
	Prostaglandins
Pain	Prostaglandins
	Bradykinin
	Neuropeptides
Tissue damage	Lysosomal enzymes of leukocytes
	Reactive oxygen species
	Nitric oxide ^R

Chronic Inflammation

- Inflammation of prolonged duration (weeks to months to years) in which active inflammation, tissue injury, and healing proceed simultaneously.
- It involves mainly following events
 - Angiogenesis
 - Mononuclear cell infilterate macrophages, lymphocytes, and plasma cells
 - Fibrosis Scar

Causes of Chronic Inflammation

Following acute inflammation

- persistence of the injurious agent or because of interference with the normal process of healing
- e.g. in osteomyelitis, pneumonia terminating in lung abscess

Recurrent attacks of acute inflammation

- repeated bouts of acute inflammation culminate in chronicity of the process
- Ex: Recurrent *urinary tract infection* chronic pyelonephritis, Repeated acute infection of gall bladder - chronic cholecystitis
- Chronic inflammation starting de novo
 - Iow pathogenicity is chronic from the beginning
 - Ex: infection with Mycobacterium tuberculosis, Treponema pallidum

Chronic Inflammatory Cells and Mediators

- Macrophages
- Lymphocytes,
- Plasma Cells,
- Eosinophils,
- Mast Cells

Macrophages

- Dominant cells of chronic inflammation
- Derived from circulating blood
 monocytes

Reticulo-endothelial system

- Also known as Mononuclearphagocyte system.
- Macrophage present in
 - liver Kupffer cells
 - spleen
 - lymph nodes sinus histiocytes
 - central nervous system microglial cells
 - lungs alveolar macrophages facebook.com/trigemclasses



- Tand Blymphocytes migrate inflammatory sites – chemokines.
- Lymphocytes and macrophages interact in a bidirectional way
- important role in chronic inflammation



- inflammatory sites around parasitic infections or as part of immune reactions mediated by IgE
- Associated with allergies
- Induced by specific chemokines eotaxin
- Granules contain major basic protein highly charged cationic protein
 - toxic to parasites
 - also causes epithelial cell necrosis

- Sentinel (watch) cells widely distributed in connective tissues throughout the body
- Both acute and chronic inflammatory responses.
- Elaborate cytokines such as TNF and chemokines
- atopic individuals individuals prone to allergic reactions
 - Mast cells Armed with IgEantibody
 - As the environmental antigens enters
 - It releases histamines and AAmetabolites
 - anaphylactic shock

- Fever : infectious form of inflammation
- Anaemia : accompanied by anaemia of varying degree
- Leucocytosis : leucocytosis but generally there is relative lymphocytosis in these cases.
- ESR : elevated
- Amyloidosis : develop secondary systemic (AA) amyloidosis.

- Also known as acute-phase reaction.
- Cytokines TNF, IL-1, and IL-6.
- The acute-phase response consists of several clinical and pathologic changes
 - Fever
 - Elevated plasma levels of acute-phase proteins
 - C-reactive protein (CRP),
 - Fibrinogen,
 - Serum amyloid A (SAA) protein
 - Leukocytosis
 - septic shock

- Especially when inflammation is caused by infection
- **Pyrogens** Prostaglandin (PG) synthesis in the vascular and perivascular cells of the hypothalamus NEUROTRANSMITTER-temp. reset.
- Lipopolysaccharide (LPS) from bacterial cell wall (Exogenous Pyrogens) – Leukocytes – cytokines like IL1 & TNF (Endogenous Pyrogens) – COX(AA-PG)



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